

**PRESS RELEASE:** *For immediate release, October 2019*

**Everard Read London presents**  
**Penelope Stutterheime: *Mapping the Interior***  
**15 November – 21 December 2019**

Everard Read is pleased to present South African artist, Penelope Stutterheime's second solo exhibition at the London gallery.

*Mapping the Interior* captures the essence of Stutterheime's long-standing preoccupation with depicting inner landscapes. Drawing inspiration from dreams and the unconscious, her layered and textured paintings use impasto and intensely-vibrant colour to create mesmerising abstract works.

Stutterheime responds intuitively to her surroundings and events in her life, seeking to convey a state of mind rather than any particular reality. She describes *pouring* herself, her emotions and feelings, *through* rather than into a work. The process seems to be deeply cathartic, with the act of repeatedly applying oil paint to the canvas, serving as a meditative process for subconsciously working through emotions. Only once complete does the artist have some sense of what the work embodies.

The artist explains further: "The work reveals a slow unfolding, of finding my voice, my dance, my melody. It is nourished by intense feeling and emotion contained on a white canvas, to be felt, to be experienced, to be read from the place where no words yet lie."

"The texture and essence of my work comes from layering - layers of paint and layers of consciousness. This is a critical part of my process of distillation and getting closer to the nature of what a particular work is going to be," notes Stutterheime. "The painting manifests my process - a dialogue of application and response; a play of intention and being willed by the brush."

Stutterheime's is a deeply organic practice, steeped in the desire to both control and simultaneously release. Edges and boundaries ebb and flow on the canvas through both intuitive responses and painstaking application of physical layers. On the one hand, Stutterheime finds herself letting go of "preconceived thoughts of what must happen" and thus takes "risk for a conclusion". But equally, there is an active pushing by the artist of the materiality of the oil paint, "forcing and continuing, until something emerges".

For Stutterheime, the dance between colour and shape is ultimately a desire to find "resolution of form and sensation". Referring to the experiential quality of the paintings, Stutterheime's intention is to lead herself and the viewer to the possibility of consciously moving through different states and into the present moment.

In this new body of work, the active negotiation of process, testing boundaries and the limitations of paint itself is evident. The works - bright, exuberant and lyrically colourful, as well as pale almost-monochromatic paintings - epitomise this journey, the heavy layering of surfaces, stifling of colour and a diffusion of frequency.

For more information, please contact: info@everardlondon.com, +44 (0)207 590 9991

## **About Everard Read London**

Everard Read galleries are specialists in contemporary art from South Africa and the diaspora.

Established in 1913 in Johannesburg, we are Africa's oldest and one of its largest commercial art galleries with gallery spaces in London, Johannesburg, Cape Town and Franschhoek.

The galleries each present a year-round programme of solo and group exhibitions, advise both public and private collectors around the world and have an ongoing commitment to nurturing South African talent.

South African artists are part of the global conversation. We seek to make their voices heard.

Everard Read London is located at 80 Fulham Road, London SW3 6HR and is open weekdays, 10am – 6pm and Saturdays, 12pm – 4pm. [www.everardlondon.com](http://www.everardlondon.com)

## About Penelope Stutterheime

**(b. 1958 Cape Town, South Africa)**

The daughter of a forester, Penelope Stutterheime developed her intense love for landscape as a child, growing up in Newlands Forest, Cape Town. She studied part-time with the artist Simon Stone and the late Bill Ainslie, one of South Africa's finest abstractionists, but aside from this is largely self-taught.

Stutterheime uses layers of oil paint to create seductive abstract works that depict interior landscapes. Her paintings are highly symbolic, using colour and form to conjure a representation of transformation. Her paintings are a portrayal of her own inner spiritual process. "The texture and essence of my work comes from layering - layers of paint and layers of consciousness. This is a critical part of my process of distillation and getting closer to the nature of what a particular work is going to be," says Stutterheime. "The painting manifests my process - a dialogue of application and response; a play of intention and being willed by the brush."

Stutterheime lives and works in Cape Town. She has participated in solo and group exhibitions consistently over the past thirty years. Her paintings are included in private and corporate collections around the world including Investec, Nashua, Cazenove and Old Mutual.

## SELECTED EXHIBITIONS

### 2019

*Mapping the Interior*, Everard Read, London, UK

*Mapping*, Everard Read, Cape Town, South Africa

## 2017

*Merging*, Everard Read Gallery London, UK

## 2013

*A Sense of Place*, Everard Read Gallery, Cape Town, South Africa

## 2012

*Love Poem*, Myerson Fine Art, London, UK

## 2011

*Exhale*, Myerson Fine Art, London, UK

## 2010

*New Works*, Everard Read Gallery, Cape Town, South Africa

## 2007

*Solo*, Brundyn + Cape Town, Cape Town, South Africa

## 2005

*Penny Stutterheime*, with Myerson Fine Art, UK

## Selected Group Exhibitions

## 2019

*Winter*, Everard Read, Cape Town, South Africa

*2019 Summer*, Everard Read, Cape Town, South Africa

*SUMMER*, Everard Read, London, UK

*Southern Aspect - A Group Exhibition*, Everard Read, London, UK

## 2017

*SUMMER*, Everard Read Cape Town, Cape Town, South Africa

*WINTER*, Everard Read Cape Town, Cape Town, South Africa

*Southern Abstraction*, Everard Read London, London, UK

*Cubicle Series*, CIRCA Cape Town, South Africa

## 2015

*Penelope Stutterheime and Galia Gluckman*, Everard Read Gallery, Cape Town, South Africa

## 2014

*Summer Season*, Everard Read Gallery, Cape Town, South Africa

*Winter*, Everard Read Gallery, Cape Town, South Africa

## 2012

*Small Works*, Everard Read Gallery, Cape Town, South Africa

## 2011

*15th Anniversary*, Everard Read Gallery, Cape Town, South Africa

*Incite*, Myerson Fine Art, London, UK

## 2010

*Saracens*, Myerson Fine Art, London, UK

## 2009

*Rising Up*, Myerson Fine Art, London, UK

## 2008

*A Way Through*, Everard Read, Cape Town, South Africa

## 2005

*Art London5*, Myerson Fine Art, London, UK

## 2001

*Group show*, Everard Read Gallery, Cape Town, South Africa

## Selected Collections

Brait SE Investment Collection, South Africa & Luxembourg

Cazenove Capital Management London, UK

Common Wealth Bank Collection, Australia

Coronation Investment Holdings Collection, South Africa

H B D Mark Shuttleworth Collection, South Africa

Investec Bank Collection, South Africa

Nashua Collection, South Africa

Old Mutual PLC Collection, South Africa

Old Mutual Bank, South Africa